

RESOURCES

HERO'S JOURNEY

THE POSTTRAUMATIC GROWTH STORY CHALLENGE

TOOLS &
PERKS FOR
CHALLENGE
PARTICIPANTS



BOULDER CREST
FOUNDATION

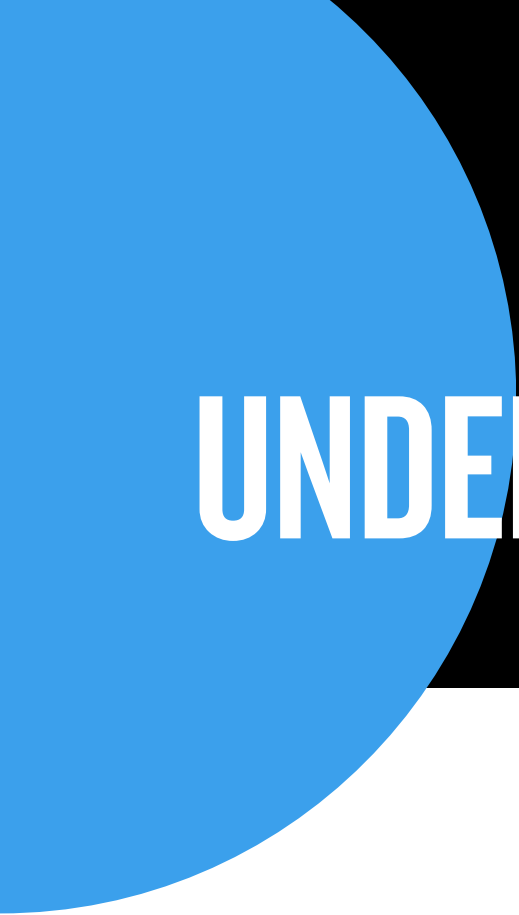
Cinapse

 viralnoise

DOLLY  CARD

CHOOSEGROWTH.ORG

ATLANTIC
PICTURES



UNDERSTANDING PTG

Since your submission should explore the theme of Posttraumatic Growth (PTG), we encourage you to learn more about this powerful concept. PTG is about finding new purpose, deeper relationships, and strength in the aftermath of adversity.

To better understand PTG and how to integrate it into your storytelling, visit: [How to Grow – Choose Growth.](#)

FREE SOUND & MUSIC

ViralNoise Audio Library

Participants get a free personal subscription (valid until May 23rd, 2025).

- 1) To get started, go to www.viralnoise.com and sign up to create a free account.
- 2) Email info@viralnoise.com with subject line “Journey Competition 2025” after sign up to be upgraded to a free Individual Tier subscription until May 23, 2025.

This gives you a license to use unlimited music and SFX from the Viralnoise library in your digital content. It also gives you the ability to whitelist one social media channel per platform in your user profile.

If you use our music in any of your videos that are posted online, please tag us using one of the Viralnoise handles below.

Follow and Tag Us on Social Media:

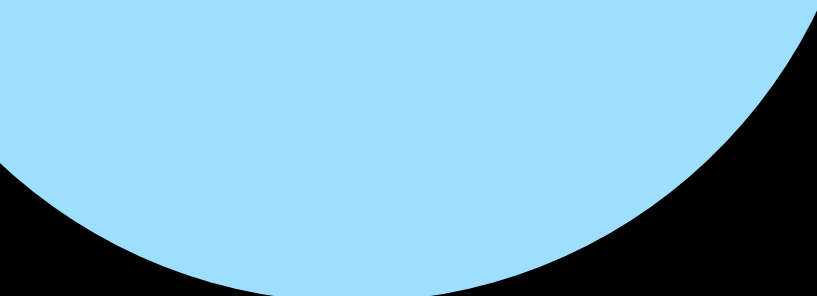
YouTube: [@ViralnoiseMusic](https://www.youtube.com/ViralnoiseMusic)

Instagram: [@ViralnoiseMusic](https://www.instagram.com/ViralnoiseMusic)

Facebook: [@ViralnoiseOfficial](https://www.facebook.com/ViralnoiseOfficial)

TikTok: [@Viralnoise](https://www.tiktok.com/Viralnoise)

We are looking forward to collaborating with you. Contact us once you've created your free account.



PRODUCTION TOOLS

DollyCard: Streamlined Expense Management for Filmmakers

DollyCard is the corporate card designed for film production, providing a seamless alternative to petty cash and outdated expense systems like PEX or Cashét.

What DollyCard Offers:

- Prepaid cards for pre-production, on-set, and post-production expenses.
- Ability for producers to issue virtual cards directly to temp crew members via Apple or Google Wallet.
- Automated tax-coded expense tracking linked to line items.
- Seamless integration with state tax incentive programs, making expense management and accounting more efficient.

Signing up for DollyCard is free. For more information, visit [DollyCard's website](#).

PRODUCTION TOOLS

Cinapse - Production Scheduling

Participants get a free one-month subscription (valid until May 23rd, 2025).

Cinapse is a modern, collaborative platform that reimagines production scheduling for films, TV series, and commercials. Designed for filmmakers of all levels, from indie creators to major studios.

To activate your free one-month subscription, visit cinapse.io and use code **PTGSC**



HAPPY CREATING!



Cinapse

 viralnoise

DOLLY  CARD

CHOOSEGROWTH.ORG

ATLANTIC
PICTURES